

Midyear activities – Life Ascending Uganda 2025

In June, LIFE ASCENDING UGANDA usually schedules for two activities, to celebrate the gift of life with grandparents and elderly.

One group of activities are based at diocesan levels, where the movement has caught a positive eye of the Bishop, and in this case, Arua Diocese, the other group of activities are at parish and sub parish levels in most of the dioceses within the month of July. Activities at parish levels and sub-parish levels reach out to the grassroots in the communities.

The objective of these activities is to celebrate the gift of life with the grandparents and the elderly. The celebration is a seven day activities starting with the Monday proceeding the Sunday for grandparents and the elderly. The youth and active older persons of the movement reach out a charity hand to the needy elderly. The activities vary from prayer and sacraments where applicable to, cleaning up, and offering gifts. In some cases a medical camp is provided for purpose of sensitizing on health issues.

The second major activity is at National level, where we invite those able to sponsor for themselves to participate in the National Training of leaders program, which is four days long, scheduled to end on the Sunday of grandparents and the elderly. These help us raise leaders at different diocesan levels. Unfortunately the turn up is usually low because of low income of elderly, many are interested but cannot afford. This year the program took pace in Central Uganda, at Emmaus evangelisation Centre. We had fifteen (15) participants only.

It was four days of sharing knowledge and experience and planning for the next national activities. We covered topics like Mission and Vision and gratitude for the gift of years. We shared on the prevailing challenges of the elderly and possible practical solutions, relations and emotional intelligence, wellness and physical fitness, forgiveness and reconciliation.

All was crowned with Spiritual empowerment to go and make disciples among the elderly.

Margaret Mugeni Atim

President Life Ascending Uganda